

At Home with ROSSS

www.rosss.ca

FALL 2025



Fall Greetings from the Executive Director

Fall has arrived, bringing a crisp freshness to the air and a renewed sense of energy at ROSSS! As the leaves change and days grow shorter, we're embracing the season with opportunities to keep our community connected, engaged, and supported.

One of this season's highlights is our Fall Afternoon Tea, where clients and community members come together to enjoy delicious treats, warm tea, and wonderful conversation in a cozy autumn setting.

October 1st is National Seniors Day—a wonderful time to celebrate the valuable contributions of seniors in our community and to consider making a donation to support the programs and services that make a real difference in their lives.

Looking ahead, we're excited for our Halloween Trivia Night on October 24th in North Gower. It promises to be a fun-filled evening of friendly competition, festive costumes, and plenty of laughs.

Our Fall Maintenance Program is also underway, helping clients prepare their homes for the colder months and ensuring they stay safe and comfortable.


Thank you for being part of the ROSSS community. Together, we're looking forward to a season full of warmth, connection, and meaningful moments.

Warm regards,

Kelly Dumas

Executive Director, ROSSS

STAFF DIRECTORY

 613-692-4697

OFFICE HOURS
 MONDAY-FRIDAY 8:00 AM - 4:00 PM

Executive Director	Kelly Dumas	kelly.dumas@rosss.ca	ext. 225
Operations and Finance			
Senior Manager, Operations	Jeanne Martel	jeanne.martel@rosss.ca	ext. 232
Operations Administrator	Joanne Williams	joanne.williams@rosss.ca	ext. 243
Finance Assistant	Julie Wilson	julie.wilson@rosss.ca	ext. 221
Home Care Services			
Senior Manager, Home Care Services	Laura Paas	laura.paas@rosss.ca	ext. 253
Coordinator, Home Care Services	Mackenzie Ellis	mackenzie.ellis@rosss.ca	ext. 238
Client and Caregiver Services			
Senior Manager, Client and Caregiver Services	Jeanne Pronovost	jeanne.pronovost@rosss.ca	ext. 223
Client and Caregiver Liaison	Cindy Powell	cindy.powell@rosss.ca	ext. 240
Community Support Services			
Senior Manager, Community Support Services	Della Hart	della.hart@rosss.ca	ext. 228
Manager, Transportation Services	Jennifer Baxter	jennifer.baxter@rosss.ca	ext. 230
Coordinators, Community Support Services			
Adult Day Program and Friendly Visiting	Ashley Bouwman	ashley.bouwman@rosss.ca	ext. 227
Connections, Service Arrangements and Income Tax	Lyn Rorke	lyn.rorke@rosss.ca	ext. 224
Food Security and Foot Care	Nell Bourgeacq	nell.bourgeacq@rosss.ca	ext. 226
Transportation Services	Tina Brohart	tina.brohart@rosss.ca	ext. 237
Food Security Programs	Cathy Beckwith	cathy.beckwith@rosss.ca	ext. 241
Assistant, Community Support Services	Marianna Santana-Facchi	marianna.santana-facchi@rosss.ca	ext. 227
Volunteers and Community Engagement			
Coordinator, Volunteers and Community Engagement	Alicia Dorey	alicia.dorey@rosss.ca	ext. 236
Fundraising and Outreach			
Manager, Funding and Outreach	Melissa MacIsaac	melissa.macisaac@rosss.ca	ext. 236
A Friendly Voice			
Manager, A Friendly Voice	France Connor	france.connor@rosss.ca	ext. 235

Fall Program Calendar

Fall 2025

Monday

Connections Lunches, 12pm (Occasional)

Manotick, North Gower, Metcalfe and Richmond

Manotick Breakfast, 9am-10:30am

Second Monday of the month

Manotick Legion, 5550 Ann St.

NOTE: Registration is required for each session

Pickleball, 12:30pm-2:30pm

Greely Community Center, 1448 Meadow Dr

NOTE: Registration is required for each session

Older Adult Exercise Class (55+),

11:00am-12:00pm

Greely Community Center, 1448 Meadow Dr

NOTE: Registration is required for each session

Tuesday

Adult Day Program, 10am-3pm - Manotick

Call for details on registration and location

Caregiver Support Group, 10am-12pm

Manotick *Bi-Weekly*

Call for details on registration and location



Wednesday

The Great Social Luncheon, 12pm-2pm

First Wednesday of the month

Note: Registration is required to reserve a seat

Osgoode Bingo, 10am-12pm

2nd Wednesday of the month

O-YA, 5479 Osgoode Main St.

Note: Registration is appreciated

Men's Mugs 10am-12pm

3rd Wednesday of the month

O-YA, 5479 Osgoode Main St.

Note: Registration is appreciated

Coffee & Cards, 10am-12pm

4th Wednesday of the month

O-YA, 5479 Osgoode Main St.

Note: Registration is appreciated

Thursday

Adult Day Program, 10am-3pm - Kenmore

Note: Registration is required

Pickleball, 1:30pm-3:30pm

Greely Community Center, 1148 Meadow Dr

NOTE: Registration is required for each session.

Caregiver Support Group, 10am-12pm Manotick

Bi-Weekly

Call for details on registration and location.

Friday

Metcalfe Breakfast, 9am-10:30am

3rd Friday of the month

Metcalfe Lion's Den, 2821 8th Line Rd.

NOTE: Registration is required for each session

Cultured Purls, 10am-12pm

Hyfield Apartments Kiwanis Room

5581 Dr. Leach Dr., Manotick

Pickleball, 12:30pm-2:30pm

Greely Community Center, 1148 Meadow Dr

NOTE: Registration is required for each session

Ladies Tea Talk, 1:30pm-3:30pm

1st Friday of the month

Hyfield Place, 5581 Doctor Leach Drive

Older Adult Exercise Class (55+),

11:30am-12:30pm

Greely Community Center, 1448 Meadow Dr

NOTE: Registration is required for each session

Lunch and Learns and BIG Bingo

These events will be held on various dates throughout the year. See program calendar for more information and descriptions.

NOTE: Registration is required to reserve a seat

For questions or to register contact:

[Social Programs](#)

Lyn Rorke 613-692-4697 ext. 224

[Adult Day Programs](#)

Ashley Bouwman 613-692-4697 ext. 227

For questions or to register for the

[Caregiver Support Group](#)

contact Jeanne Pronovost

at 613-692-4697 ext. 223

Program Descriptions

Manotick and Metcalfe Legion Breakfast

Once a month, enjoy a good breakfast, great company, entertainment and raffle prizes! A fun morning!

The Great Social Luncheon

Held once a month, this luncheon provides a hot meal, dessert, entertainment, door prizes, raffle, and more!

Connections Lunches

Enjoy good food and even better company at our favourite restaurants in Manotick, Richmond, Metcalfe, Osgoode and North Gower! Lunches provide an opportunity to connect with friends and meet new people.

Men's Mugs

Come meet with us once a month for coffee, chit chat, cards, presenters, etc. We will be focusing on men's health, well being and interests.

Pickleball

Join us for a fun and active drop-in program playing pickleball. Bring your running shoes!

Adult Day Programs

A social day, full of fun, in a safe and caring environment. Activities, presenters and crafts with snacks and lunch provided. Referral by Ontario Health atHome required.

Caregiver Support Group

This program provides a chance to meet and connect with other caregivers, as well as provide support, resources and companionship.

Counselling

One-on-one counselling service for those seeking professional support.

Cultured Purls

Calling all knitters! Join us for good conversation while you finish your latest projects.

Bingo, Coffee & Cards

Whether you're a seasoned player or a first-timer, it's the perfect way to enjoy some friendly competition and maybe even win a prize. Grab your card, mark your numbers, and let the good times roll!

Lunch and Learn

A fun outing such as a boat ride, a trip to a ball game, a presentation, a visit to a craft venue or one of many other activities to look forward to. Check the monthly calendar for all current and upcoming programs.

Ladies Tea Talk

A chance to meet, once a month, for a social get-together to enjoy a cuppa, snack and good company.

Local Fall Fairs

September marks the beginning of many things in our rural communities: back-to-school, harvest season, colder weather approaching and of course, FAIR SEASON!

ROSSS is so proud to be part of such active, vibrant communities. We always look forward to participating in the local fairs, where we offer information to the community about the work we do and how they can get involved! At each fair we will have information and goodies to take home.

These fairs are truly fun for the whole family, and we hope to see you there!

Fair Schedule 2025



Richmond Fair
September 18-21



Metcalfe Fair
October 2-5

A graphic for "Seniors Day Bingo". The words "SENIORS DAY" are in white, bold, sans-serif capital letters inside a blue rounded rectangle. Below this, the word "BINGO" is in large, bold, red, sans-serif capital letters. The entire graphic is surrounded by orange sunburst lines.

SENIORS DAY BINGO

Join ROSSS for a fun-filled game of Bingo in celebration of Richmond Fair's Seniors Day!

Enjoy the game with fun prizes, and **FREE** admission.

Hosted by ROSSS in partnership with the Richmond Agricultural Society, everyone's welcome, so bring your friends and family for a great time. Let the games begin and may the luckiest win!

PRIZES | GAMES | FUN



Friday, September 19th 2025



🕒 1 pm - 3 pm



📍 Entertainment Tent (behind the arena)



ROSSS
Rural Ottawa South Support Services



Have Questions? Reach out to:

Alicia Dorey

alicia.dorey@rosss.ca

Lyn Rorke

lyn.rorke@rosss.ca

CATCHING UP WITH ROSSS

June, July, and August have been filled with sunshine, community spirit, and meaningful connections. From lively events to impactful fundraising, summer offered countless opportunities to support those we serve. As we head into fall, we're excited to carry this momentum into the wonderful events and opportunities ahead.

RIDE FOR ROSSS



This year's Ride for ROSSS was a wonderful day of sunshine, camaraderie, and community spirit! Riders set off on a scenic poker run before returning to enjoy a delicious BBQ lunch.

Live music from John Wilberforce kept the afternoon lively, and a special thanks goes to Councillor David Brown for jumping behind the grill to help serve up burgers.

We're incredibly grateful to our sponsors, Lagois, W.O. Stinson, and Yates Sprinklers, for their generous support, and to everyone who came out to ride, cheer, and connect. Your involvement helps us continue supporting seniors in rural Ottawa South.

We're already looking forward to hitting the road together again for next year's Ride for ROSSS!

DICKINSON DAYS



ROSSS had the chance to participate in the Dickinson Day Parade and set up an information booth in Manotick. The weekend was absolutely beautiful! Well done Kiwanis Club of Manotick!



SHROOMFEST



The summer season started with a record-breaking Shroomfest cheque presentation, and ROSSS once again benefited generously, receiving an impressive \$15,000!

ANNUAL MEETING OF MEMBERS



We concluded the month with our Annual Meeting of Members, during which we reviewed and summarized our efforts over the past year to enhance our service to the community and to acknowledge the invaluable contributions of our ROSSS team members.



As fall arrives with its crisp air and vibrant colours, we're reminded of the warmth and strength found in our engaged and caring communities. This season's spirit of reflection and gratitude fuels our mission and renews our dedication to supporting those we serve. Your generosity and involvement continue to make a real difference. Thank you for walking alongside us—we look forward to continuing to build meaningful connections and create a lasting impact together in the months ahead.

THANK
YOU

*Have you tried our new Great Social Luncheon Program?
Come out this fall and see for yourself!*



The Great Social Luncheon

FORMALLY KNOWN AS DINERS CLUB

MORE OF ALL YOUR FAVOURITE THINGS!



MORE entertainment!

MORE chances to win prizes!

MORE gifts from local businesses!



🕒 12:00 PM - 2:00 PM

SEPT 3RD
OCT 1ST
NOV 5TH
DEC 3RD

📍 RICHMOND, ST. JOHNS HALL
📍 GREELY COMMUNITY CENTRE
📍 OSGOODE LEGION
📍 RICHMOND, ST. JOHNS HALL

Homemade
lunch, music
and games

All for **\$18**

For more information and to register contact:
Lyn Rorke 613-692-4697 ext. 224



Volunteer Corner

The leaves may be turning, but the volunteers at ROSSS continue to shine with the same warmth and energy as a crisp autumn morning! Their big hearts and helping hands are essential to the programs and services we provide, always paired with bright smiles and a spirit of care and support.

Morley and Brenda started their volunteering role at ROSSS last fall, and we're excited to highlight them and introduce them to you!

They have been an incredible addition to the ROSSS Volunteer Team since joining us last fall. Their enthusiasm and commitment shine through in everything they do—whether it's lending a hand at our big events, supporting our Connections programs, or helping out in our Adult Day Program. Their warmth, teamwork, and genuine care for others have made a lasting impact on clients, staff, and fellow volunteers alike. We're so grateful to have Brenda and Morley as part of the ROSSS family—their contributions truly make a difference every day!

MEET MORLEY AND BRENDA!



After marrying, Morley and I joined the Vars Lions Club doing various fundraising activities, including running a bingo where we were able to aid in the purchase of a new fire truck for the Vars Fire Hall. After that club folded, we then assisted the Russell Lions Club with their Lobster Fests for many years. We have been members of a military association for 15 years, fundraising again. Then a year ago we were at the Canada Day festivities in Greely when we found the table for ROSSS. We signed up and the rest is history!

Join Our Team

Volunteer Drivers Needed!

Be a Part of Our Growing Family

 To apply fill out an application at : www.rosss.ca/volunteer

 For questions reach out to alicia.dorey@rosss.ca

 **ROSSS**
Rural Ottawa South Support Services



October 1st is National Seniors Day!

As we celebrate National Seniors Day, it's crucial to reflect on the significance of community support. Our seasonal fundraising campaigns play a pivotal role in sustaining the vital work we do in the community.

ROSSS is an integral part in supporting vulnerable members of our community, offering affordable, quality health and social programs tailored to the needs of older adults, individuals with disabilities, and their caregivers in our rural communities. Everything we do is done with the goal of fostering independence, enhancing quality of life, and ensuring a safe environment for those who wish to continue living in their homes.

Fundraising campaigns enable us to adapt to the evolving needs of our community. As the population ages, the demand for ROSSS services continues to surge. Without adequate support, meeting these growing needs would be a challenge.

Every donation, no matter how big or small, directly contributes to sustaining and expanding our programs. Your support ensures that we can continue providing essential services and facilitating access to additional supports and social programs for our clients. We invite you to join us in making a difference. If you'd like to celebrate or recognize National Seniors' Day by supporting ROSSS, there are several ways to contribute:

- Fill out the donation form included in this newsletter and send it to us.
- Visit our website at www.rosss.ca to donate online.
- Drop by our office at 1096 Bridge Street, Manotick.
- Call us at 613-692-4697 (ext. 221) to make a donation over the phone.



Your generosity empowers us to make a meaningful impact on the lives of seniors and individuals with disabilities in our community. We extend our heartfelt gratitude for your continued support. Together, we can create a brighter and more inclusive future for all.

Honouring Our Hero's this Remembrance Day

On this Remembrance Day, we extend our deepest gratitude to our esteemed seniors who have served with unwavering courage and dedication. Your sacrifices and commitment have shaped the freedoms and values we hold dear today. As we honour the memory of those who have gone before us, we also celebrate the living legacy of your service and resilience. Your contributions are an enduring inspiration, and we are profoundly thankful for the sacrifices you have made. May we always remember and appreciate the profound impact of your bravery.



Are you a veteran looking for assistance? For information on how a Legion Command Service Officer can help, including Veterans Affairs Canada (VAC) disability applications and other benefits, appeals to the Veterans Review and Appeal Board, benevolent assistance through the Poppy Fund, and assisting homeless and at-risk Veterans, please contact a Legion Provincial Command Service Officer in your province or Dominion Command.

Ontario Command

Patricia Royle
86 Aird Place, Suite 222
Ottawa, ON K2L 0A1
Phone: 613-591-0144
Toll-free: 888-207-3703
Fax: 613-591-0148
proyle@on.legion.ca





ROSSS
Rural Ottawa South Support Services

\$35
per person



Scan me

ROSSS invites you
to a special

Afternoon Tea

Orchard View Wedding &
Event Centre
6346 Deermeadow Dr, Greely, ON

Raffle | Silent Auction | Door Prizes



September

21

1:00 - 3:00 p.m.

Indulge in a traditional afternoon tea with live music, a selection of delicately filled sandwiches, scones, homemade jam, clotted cream, decadent desserts and petit fours.



DENTISTRY @ MANOTICK



Tickets can be purchased at our office or online at www.rosss.ca

TICKETS

\$15



ROSSS
Rural Ottawa South Support Services

HALLOWEEN *Trivia Night*

FRIDAY OCTOBER 24TH

7:00 PM START /DOORS OPEN AT 6:00 PM

📍 **Alfred Taylor Rec Centre**
2300 Community Way,
North Gower, ON K0A 2T0

• JOIN US FOR A SPOOKTACULAR
HALLOWEEN CELEBRATION PACKED
WITH FUN AND EXCITEMENT, ALL IN
SUPPORT OF A GREAT CAUSE! •

ENJOY A CASH BAR, DELICIOUS CHILI,
TRIVIA, GAMES, 50/50 DRAW, RAFFLE,
PRIZES, AND MUCH MORE!

ALL AGES WELCOME!

TRIVIA TEAMS ARE 6 PEOPLE

TO REGISTER VISIT
WWW.ROSSS.CA OR CALL
613-692-4697 X 236



SCAN ME



DENTISTRY @ MANOTICK



ROSSS
Rural Ottawa South Support Services



BIG BINGO

FREE
Admission

RUNS
QUARTERLY

MONDAY SEPT 15 | 12:30-2:30PM
MONDAY DEC 15

📍 **Manotick Community Centre**
5572 Doctor Leach Dr,
Manotick, ON K4M 1L7

*Test your luck and have fun with your friends while
playing bingo and winning great prizes!*

Registration is required due to capacity
Call or email Lyn Rorke at

📧 lyn.rorke@rosss.ca ☎ (613) 692-4697 x 224



ROSSS
Rural Ottawa South Support Services

SAVE THE DATE FOR THE

Holiday
MUSICALE!

NOVEMBER **22** AT 2:00 PM

PARKWAY CHURCH

7275 PARKWAY RD, GREELY,
ON K4P 1K7

Back again—the musicale you know and love with
The Village Singers and the Manotick Brass

Library Programs

Did you know that the Library offers many free presentations, hobbies and crafts?
Come on out for the following activities!



Metcalfe Library

Contact the branch for their fall schedule



Richmond Library

Mystery Book Club – If you are a mystery lover then join us each month for discussions on mystery novels! Come meet fellow mystery enthusiasts as we chat about the pre-selected book. Just pick up a copy at the branch. Tuesdays, Sep 02, 2025 – Dec 02, 2025 (2:00 pm)



North Gower Library

Contact the branch for their fall schedule



Manotick Library

The Great Yarn of Manotick – This drop-in program meets on Thursdays until December 18, 2025.

Book Club– This drop-in program meets every second Wednesday at 3 pm until December 10th, 2025.



ROSSS extends a heartfelt thank you to the Kiwanis Club of Manotick for their incredible generosity. Their recent \$10,000 donation helped us cover the costs of a much-needed new accessible van after our other one was no longer fit for service. Thanks to their support, we can continue ensuring seniors and adults with disabilities in rural Ottawa South have reliable access to essential services and appointments. Over the past two years, the Kiwanis Club of Manotick has contributed an astounding \$20,000 to ROSSS—an impact that truly makes a difference in the lives of those we serve.



Fall 2025

National Day for Truth and Reconciliation observed on September 30, 2025

NATIONAL DAY FOR TRUTH AND RECONCILIATION



September 30 marks Canada's National Day for Truth and Reconciliation, a time to honour the children lost to residential schools, support survivors, and commit to meaningful action toward healing and justice. This day is also known as Orange Shirt Day, symbolizing the loss of Indigenous identity and culture through the residential school system.

In 2025, we continue to reflect on the Truth and Reconciliation Commission's 94 Calls to Action, which challenge all Canadians to learn, listen, and act. Reconciliation is not a single moment—it's a lifelong journey of respect, education, and solidarity.

We invite you to participate in events and experiences across Ottawa that celebrate Indigenous resilience, culture, and leadership. Whether through art, ceremony, or conversation, each step forward is a step toward a more just and inclusive Canada.

Truth and Reconciliation Day in Ottawa

The Legacy of Hope Foundation Exhibit

Explore powerful stories and educational materials about the history and legacy of residential schools.

251 Bank Street, Ottawa

9:00 AM – 11:00 AM

The National Arts Centre

Indigenous led storytelling, music, and dance performances.

1 Elgin Street, Ottawa

12:00 PM – 2:00 PM

Mādahòkì Farm

Enjoy Indigenous cuisine and explore the farm's seasonal festival.

4420 West Hunt Club Road, Ottawa

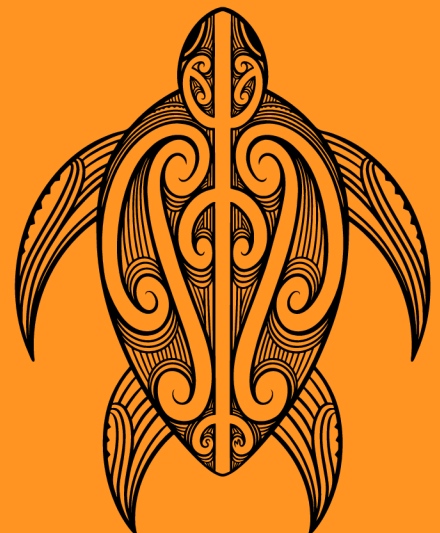
2:30 PM – 4:00 PM

Parliament Hill

Candlelight Vigil - Join community members in a moment of silence and reflection.

Parliament Hill

6:00 PM – 7:30 PM



CAREGIVER SUPPORT GROUP

Our Caregivers Group meets every two weeks for two hours in a warm, welcoming space where support and understanding are always present. This free program offers a chance to connect with others who share similar experiences, and respite care can be arranged if needed to help make attendance possible.

OUR PROGRAM OFFERINGS INCLUDE:

- ✓ Educational guest speakers who provide valuable information on aging well at home.
- ✓ Resource sessions for caregivers to learn about support services available to them.
- ✓ Opportunities to connect with fellow caregivers and build supportive relationships
- ✓ Interactive workshops focused on wellness, caregiving strategies, and self-care.



FOR MORE INFORMATION

Jeanne Pronovost

613-692-4697 ext. 223

jeanne.pronovost@rosss.ca

Sometimes, the best medicine is FAMILY & FRIENDS

613-733-1412
rotel.ca



Operated by

the Rotel Foundation Inc.,

Rotel is a 51-room motel

situated beside CHEO and The

Ottawa Hospital General campus.

Our goal is to ensure that family members, friends and outpatients in need have a place to stay that provides home-away-from-home comfort and convenience at an affordable price.

411 Smyth Road,
Ottawa, ON K1H 8M8

Note that Rotel is only for those with medical appointments or those visiting patients.



ROSSS
Rural Ottawa South Support Services

Snow Go Assist

**A PROGRAM PROVIDED
BY THE CITY OF OTTAWA**

**APPLICATIONS CAN BE SUBMITTED
UNTIL DECEMBER 5TH 2025**

- ☐ Are you a senior living on limited income or an adult with a disability?
- ☐ Is it difficult for you to have your driveway cleared?
- ☐ You may qualify for financial assistance with snow removal.

New to the Snow Go Assist Program?
Contact us for more information



lyn.rorke@rosss.ca



613-692-4697 x224



XXXXXXXXXX
XXXXXXXXXX
XXXXXXXXXX
XXXXXXXXXX
XXXXXXXXXX

XXXXXXXXXX
XXXXXXXXXX
XXXXXXXXXX
XXXXXXXXXX





ROSSS
Rural Ottawa South Support Services

HOME MAINTENANCE PROGRAM

EXAMPLES OF FALL MAINTENANCE

- Rake leaves and dispose of them
- Trim back perennials and dead foliage
- Clean gutters and downspouts
- Store away summer outdoor equipment (like hoses and garden tools)
- Check and repair garden beds
- Bring in patio furniture and cushions
- Winterize outdoor water features
- Inspect and clean outdoor lighting
- Put up Christmas lights and decorations
- Check and clean windows before winter

\$32/hr with a 2h minimum (no maximum)

Have Questions?

Cindy Powell | 613-692-4697
Ext. 240
cindy.powell@rosss.ca

1096 Bridge St Manotick ON K4M 1J2



Fall ROSSS Office Closures

Labour Day September 1

Thanksgiving October 13



Autumnal Hues

When we hear the word autumn, many images come to mind

Some will say the harvest, some melancholy, knowing summer is behind

Whatever the thoughts of the coming fall season

There is most certainly one thing we all can agree on

The beauty of the colours, pure, natural and so defined

The trees change their attire, green no longer is the style

Introducing their yellow and rust gowns, to be noticed, showy for a while

Taking center stage with a veil of orange, a shawl of flaming red

As they float to the ground, they do make a wondrous bedspread

Layer upon layer, larger and higher becomes the pile

Blossoms give way to berries, nourishment for our feathered friends

Shades of plum and magenta, enticing to no end

Golden corn, pumpkin orange, a marvelous feast on the senses

The lonely scarecrow can but hope that his defenses

Will deter a few, if lucky, but the crows will always contend

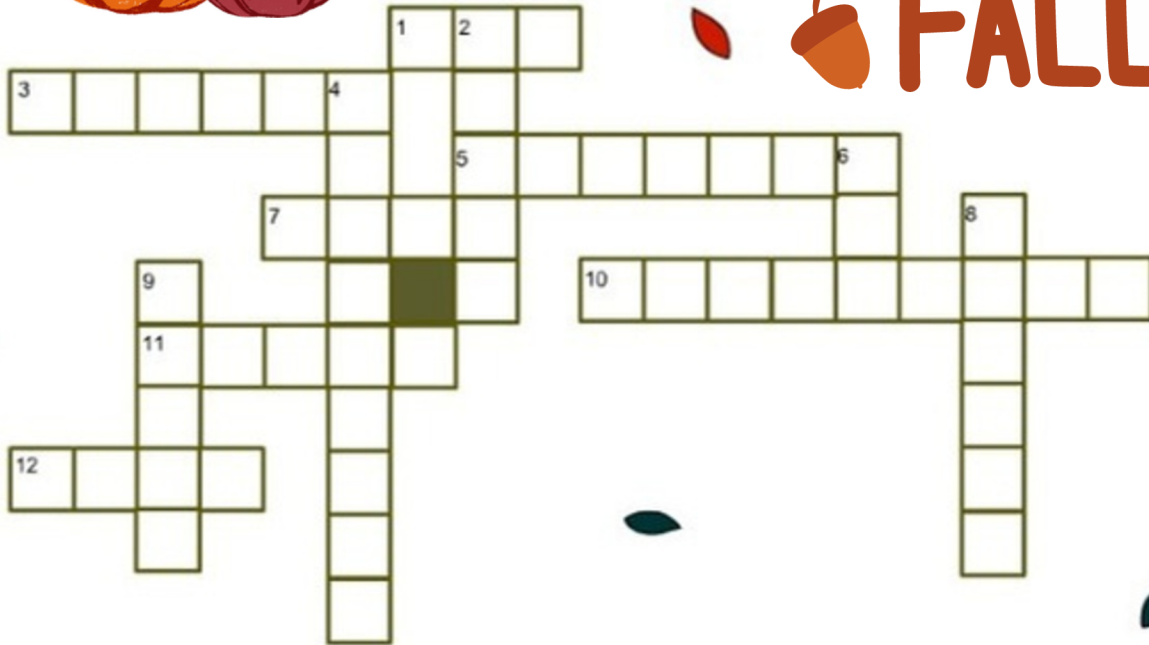
Let's be thankful for a season which provides us such a slew

Of bountiful goodies to devour, give nature her due

Fill your plates with colour, naturally sourced from local farms

Fruits and veggies gleaned from fields and trees with outstretched arms

Take all this in as you enjoy the world enveloped in autumnal hues



Down:

2. The forbidden fruit from the tree of knowledge
4. An object made to resemble a human figure, that is set up to scare birds away from a field where crops are growing.
6. A fruit consisting of a hard or tough nutshell protecting a kernel which is usually edible.
8. Another word for fall
9. The nut of the oaks

Across:

1. Grass that has been mown and dried for use as fodder.
2. They turn yellow, orange, and red in the fall season.
3. You carve this to make a Jack-o-lantern
4. The season after Summer.
5. These were roasting on an open fire as per a famous Christmas song
6. A beverage made from the fermented juice of apples.
7. The main ingredient to make cornbread



**What do you call a
pumpkin that works
at the beach?**

A life gourd.



**Why did the
apple pie cry?**

Its peelings
were hurt!



**Where do ghosts
like to vacation?**

The boo-hamas.

All donations can be made online through our secure portal at www.rosss.ca or by mail to Rural Ottawa South Support Services, 1096 Bridge St. Manotick ON, K4M 1J2

☐ \$25 ☐ \$50 ☐ \$75 ☐ \$100 ☐ \$250 ☐ \$500 ☐ Other amount _____

☐ I will donate online at www.rosss.ca ☐ I have left a legacy by including a donation in my will

☐ One-Time OR ☐ Monthly Pledge (Post dated cheques or credit card, paid 1st day of each month)

☐ Cash ☐ Cheque (Payable to Rural Ottawa South Support Services)

Card Number: _____ Expiry Date (MM/YY): _____ CVC: _____

Signature: _____ Name: _____

Address: _____ City: _____

Postal Code: _____ Telephone: _____

Email: _____ ☐ Please sign me up for the email newsletter



1096 Bridge St.
Manotick, ON
K4M 1J2